

CERTIFICATE OF PARTICIPATION

This is to certify that

John Parkes

Has successfully participated & completed the

17km FRESH Kaapsehoop Mountain Ultra

held at Kaapsehoop Horse Trails.

TIME 02:45:45

PACE 09:45/km **OVERALL** 34 of 78

GENDER 17 of 35 < 50 7 of 12

Bout Lime Signature

12 August 2023, Sat

Date